



I Belong

Youth Summit

2024



[Click Here to Register Students](#)

CENTRAL MAINE COMMUNITY COLLEGE,
AUBURN MAINE

May 30th, 2024
8:00 am - 2:00 pm



Transition Maine is an initiative facilitated by the Maine Department of Education Office of Special Services and Inclusive Education. However, it is important to note that the views expressed by individual members involved in Transition Maine do not necessarily reflect the opinions or positions of the entire department. Transition Maine operates as an inter-agency collaboration, bringing together representatives from diverse state agencies and local organizations.



EVENTS

I Belong 2024

8:00 am - 8:55 am

Breakfast

9:00 am - 9:15 am

Welcome Speech

Erin Frazier + Steering Committee Lead

9:15 am - 9:45 am

Guest Speaker #1

Derek Schmitz

9:45 am - 12:00 pm

Career Pathways

9:45 am - 9:55 am Gather into teams of 10

10:00 am - 10:15 am Activity #1

Transition to next Activity

10:20 am - 10:35 am Activity #2

Transition to next Activity

10:40 am - 10:55 am Activity #3

Transition to next Activity

11:00 am - 11:15 am Activity #4

Transition to next Activity

11:20 am - 11:35 am Activity #5

Transition to next Activity

11:40 am - 11:55 am Activity #6

11:55 Transition to next Auditorium

12:00 pm - 12:30 pm

Guest Speaker #2

Michael Uhr

12:30 pm - 1:15 pm

**Lunch
& Networking**



1:15 pm - 1:35 pm

Raffle

1:35 pm - 2:00 pm

Goodbye Speech



Transition Maine

ACTIVITY

I Belong 2024

Career Pathways

You are going to explore 6 career experiences. After, you will use your Career Exploration Tickets to reflect on your experience.



9:45 am - 12:00 pm Career Pathways

9:45 am - 9:55 am Gather into teams of 10

10:00 am - 10:15 am Activity #1
Transition to next Activity

10:20 am - 10:35 am Activity #2
Transition to next Activity

10:40 am - 10:55 am Activity #3
Transition to next Activity

11:00 am - 11:15 am Activity #4
Transition to next Activity

11:20 am - 11:35 am Activity #5
Transition to next Activity

11:40 am - 11:55 am Activity #6

11:55 Transition to next Auditorium



GUESTS



Transition Maine

I Belong 2024

**Meet our Guest Speakers, they traveled to
Maine to be here with us today!**

Derek Schmitz



In this massive technology growth, we mostly see negativity about it. Because not every human can adapt with it. It is very dangerous, because it's growing very fast, so we invited Taylor Alonso to come here to talk about it.

Michael Uhr



In this massive technology growth, we mostly see negativity about it. Because not every human can adapt with it. It is very dangerous, because it's growing very fast, so we invited Taylor Alonso to come here to talk about it.

We have some special sponsors we
would like to thank for this day!



Transition Maine is an initiative facilitated by the Maine Department of Education Office of Special Services and Inclusive Education. However, it is important to note that the views expressed by individual members involved in Transition Maine do not necessarily reflect the opinions or positions of the entire department. Transition Maine operates as an inter-agency collaboration, bringing together representatives from diverse state agencies and local organizations.



Transition Maine

Now, say it out loud:

"I Belong"

Additional Activities



Transition Maine is an initiative facilitated by the Maine Department of Education Office of Special Services and Inclusive Education. However, it is important to note that the views expressed by individual members involved in Transition Maine do not necessarily reflect the opinions or positions of the entire department. Transition Maine operates as an inter-agency collaboration, bringing together representatives from diverse state agencies and local organizations.

My name: _____ I am interviewing: _____

Friendship Interview

Task: Get to know someone today!

Find a partner today and ask them the provided questions. Write down their answers! How would you introduce your new friend to your classmates?

Basic Details:

Name:

Birthday:

Home town:

Eye color: 

Hair colour:

Family Details:

List family members names and ages, including any pets:

Favorites:

Food:

Animal:

Friend:

Hobbies:

Strengths:

Future:

Ask your new friend's **career aspirations**, what are they?

What is the reason for their desire to become this?

Fun Fact:

My name: _____ I am interviewing: _____

Friendship Interview

Task: Get to know someone today!

Find a partner today and ask them the provided questions. Write down their answers! How would you introduce your new friend to your classmates?

Basic Details:

Name:

Birthday:

Home town:

Eye color: 

Hair colour:

Family Details:

List family members names and ages, including any pets:

Favorites:

Food:

Animal:

Friend:

Hobbies:

Strengths:

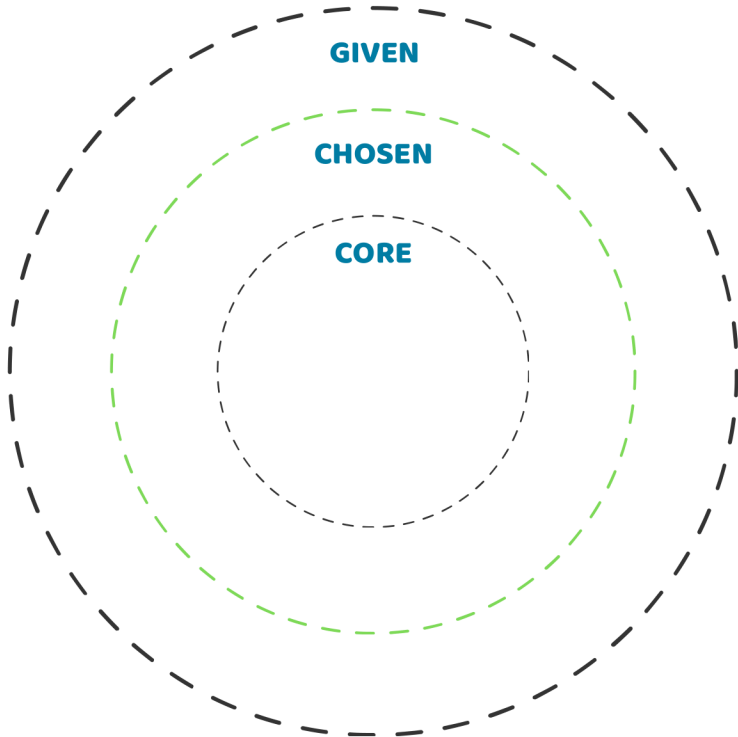
Future:

Ask your new friend's **career aspirations**, what are they?

What is the reason for their desire to become this?

Fun Fact:

SOCIAL IDENTITY MAP



GIVEN

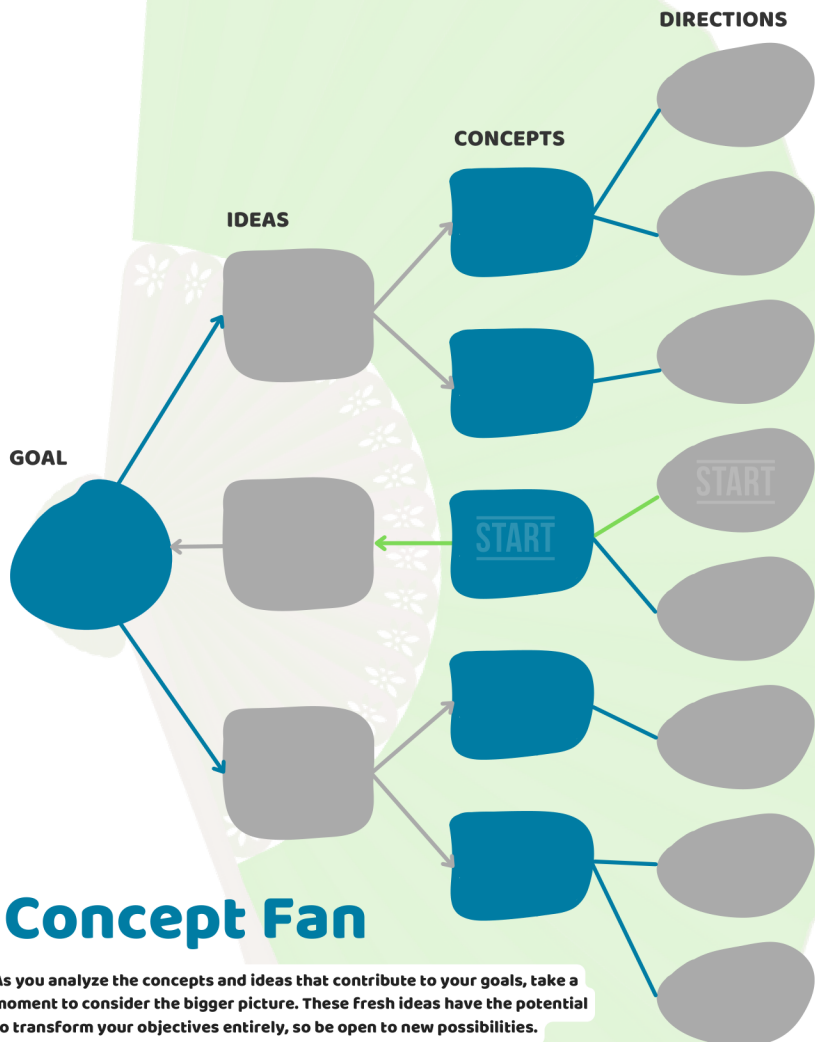
Traits Beyond Our Control: Birthplace and Ethnicity

CHOSEN

Choosing Qualities and Skills to Pursue in Life (Hobbies, Interests, and More)

CORE

Traits that Have Developed Over Time: Values and Skills



TIME TRAVELER

Fashion in 2124!



What Will People Wear in 2124?

Imagine traveling 100 years in the future to the year 2124 and observing what people are wearing. What changes have occurred and what has remained the same? Let's explore the fashion scene of the future and the factors that have shaped it.

**Describe what people wear in the year 2124?
(100 Years in the Future)**

**Draw an example of what people might wear in 2124?
(100 Years in the Future)**

Overcoming Mind Traps



Transition Maine

Name: _____ Grade: _____

Looking at the 'mind traps' suggest mental reframes you could use to try to overcome them. Add more than one if you can think of a few!

'Mind trap' Example	Mental Reframe
I got that question wrong, I'm not smart!	<i>I tried my best and I can try again next time.</i>
It was just good luck that I scored that goal.	
It's out of my control.	
I can't do it.	
I'm always wrong.	
I'm not going to like it.	
I never get invited to things.	
Math is just too hard for me.	
I'm never going to get better at this.	
I don't want to learn that.	



My animal Friend(s)



This is my pet!



My pet's name tag

What my pet eats

3 activities I share with it

Fun facts about my pet



Transition Maine