



September 2024

Dear Benefits Administrator and School Nurse:

The MEA Benefits Trust (MEABT) plans include 100% coverage for preventive care, including the flu vaccine, to help members and their families stay healthy. That means the flu vaccine is available at no extra cost for members who get the shot at a school clinic, doctor's office, pharmacy in their plan network, or a retail clinic. There is no charge to the school district, either.

According to the Centers for Disease Control (CDC), everyone 6 months and older should get a flu vaccine every season with rare exceptions. Members should consult their physicians. Additional information can be found at <https://www.cdc.gov/>.

Here are your options for helping MEABT members receive the flu vaccine:

Option 1: Use an in-network flu clinic provider for your school. Member cost \$0.

- Choose a flu clinic provider in your plan network.
- Reach out to one of the providers in your plan network as soon as you can to plan a flu clinic.

Option 2: Set up your own temporary clinic with internal clinical staff and submit paperwork to be reimbursed. Member cost \$0.

- Within 60 days after you hold your clinic, please send a completed school clinic participant list with a copy of your invoice for flu shot administration and vaccines to patty.whitcomb@anthem.com and heather.barbour@anthem.com or

Heather Barbour
Anthem Blue Cross and Blue Shield
2 Gannett Drive
South Portland, ME 04106

- Anthem will reimburse your district in full for flu shot administration and vaccines for MEABT members.
- You will be reimbursed two to four weeks after your paperwork has been received by Anthem.

Option 3: Contract with an out-of-network provider, pay them directly, and submit paperwork to be reimbursed. Member cost \$0.

- You can contract with an out-of-network provider if a provider in your plan network isn't available in your area.

Reminder

MEABT members should bring their member ID cards to the clinic to receive the flu vaccine. They can also present their ID cards using the Sydney Health app.

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- Anthem will reimburse your district in full for flu shot administration and vaccines for MEABT members.
- You will be reimbursed two to four weeks after your paperwork has been received by Anthem.

Option 4: Have members get the flu shot or nasal spray at a doctor’s office. Member cost \$0 (for preventive care only).

- MEABT members can get a flu vaccine at their doctor’s office with no office visit copay if the visit is for the vaccine or other preventive services only.
- If the office visit is for an illness or injury, there will be an office visit copay even if members get the flu vaccine during the visit.

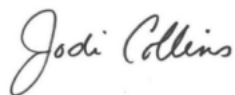
Option 5: Have members get the flu shot or nasal spray at a pharmacy in your plan network. Member cost \$0.

- MEABT members can visit a participating pharmacy in their area.

If you have questions, please contact:

Anthem Blue Cross and Blue Shield	MEA Benefits Trust
Patty Whitcomb, Service Representative patty.whitcomb@anthem.com 1-207-822-7556	Sharon Beaulieu, Benefits Manager sbeaulieu@meabt.org 1-207-622-4418, ext. 2207

Wishing you the best of health,



Jodi Collins
Strategic Account Executive
Anthem Blue Cross and Blue Shield

Attachments:

- School flu clinic participant list
- Flu clinic providers