

## *Join the Team to improve health services for students!*

The Training, Education, Assistance, Mentorship, and Support (TEAMS) Program helps school districts increase the capacity to enhance student health services by taking a deep dive into school administrative unit (SAU) policy, procedures, and infrastructure. Participating SAUs form a 3-4 member team consisting of a district health services representative (e.g., lead nurse, health services director), guidance counselor or mental health professional, and administration representative. Consider including wellness team members or any individual invested in strengthening services to support students, staff, and overall school health.

Following the American Academy of Pediatrics (AAP) TEAMS model, the district teams are guided through a process to:

- Engage partners (e.g., school staff, school board, parents) to support improvements in health services,
- Assess current health services to identify and prioritize gaps,
- Develop and implement a strategic action plan to address those gaps, and
- Evaluate the outcomes.

Project Offerings	How to Participate
<p>Participating SAU teams receive access to the following:</p> <ul style="list-style-type: none"> <li>• Individualized technical assistance to address challenges and questions, with access to experts from the Maine Department of Education</li> <li>• Training and full cohort calls customized to the needs and interests of participating SAUs. Each training and call will include time for peer-to-peer learning opportunities.</li> <li>• Step-by-step training on the AAP's Health Services Assessment Tool for Schools (HATS)</li> <li>• A library of resources including tools, templates, model policies, etc.</li> <li>• Inter-and-cross-disciplinary networking opportunities and facilitation of relationships with local partners</li> <li>• Contact hours</li> </ul>	<p>Applicants who are selected to participate in this project agree to:</p> <ul style="list-style-type: none"> <li>• Assemble a team consisting of a school health services representative, mental health professional, consider administration representative, and any individual invested in strengthening services</li> <li>• Attend training and cohort calls</li> <li>• Collaborate regularly with their team</li> <li>• Complete elected sections of HATS</li> <li>• Develop and implement an action plan for enhancing school health services</li> <li>• Submit a final progress report</li> <li>• Interested districts must complete a brief online application by August 1, 2024.</li> </ul>

**For questions about the TEAMS Program or assistance with the application contact:**

**Tammy Diaz RN, MPH, M.Ed. | [tammy.diaz@maine.gov](mailto:tammy.diaz@maine.gov) | 207-446-8213**

**Maine Department of Education is accepting 2024-2025 School Year Applications!**

**Register now via the following link or QR code provided!**

<https://forms.office.com/g/ifRNhmPm8G>

