



MAINE
YOUTH
THRIVING

WINTER TRAINING SERIES FOR EDUCATORS

THE RESILIENT EDUCATOR

New Year Reboot

JAN
26

RECOGNIZE

WHAT IS COMPASSION FATIGUE?

6:00-7:00 VIA ZOOM

FEB
2

RESTORE

EXPLORE PRACTICAL STRATEGIES TO REPLENISH ENERGY

6:00-7:00 VIA ZOOM

FEB
9

REIMAGINE

DESIGN SUSTAINABLE HABITS AND RECONNECT TO
THE JOY OF TEACHING

6:00-7:00 VIA ZOOM

PLEASE REGISTER AT :

<https://maineyouththriving.org/events/>

FOR MORE INFORMATION CONTACT US
training@maineresilience.org