



October 14, 2023 9am-4pm
Wild Twin Farm
18 Bartol Island Rd
Freeport, Maine

Renewal **RETREAT**

For Leaders, Educators and Staff from
Schools and Early Childhood Programs

FLOW OF THE DAY

9 AM Welcome

9:15 AM Opening Circle and Morning Sessions

11:45 Healthy, Beautiful Lunch Provided

12:45 PM Afternoon Sessions and Closing Circle

4PM Departure



A DAY TO EXPERIENCE

- ~Nature Art and Wellness
- ~Movement as a Compass
- ~Self-Care Practices for Educators
- ~Sound and Games-The Importance of Rest, Music and Play
- ~Healthy Eating and Lifestyle Routines

REGISTRATION

**This is a FREE event for
leaders, educators, and staff
of elementary schools and
early childhood programs!**

REGISTER HERE!

Presented by

