# USM

## Fall 2023 - PDC Course Offerings

Continue your education along with your students this fall! See below for the courses offered through the Professional Development Center at USM in Fall 2023.

#### PDS 515 / 415 - Mindfulness and Social-Emotional Skills in Early Childhood Settings

September 12-October 31; Online synchronous

Zoom meetings Tuesdays 4:30-8:30 pm (9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31) & Sat., 10/28 8 am-1 pm 3 graduate (PDS 515) or 3 undergraduate (PDS 415) credits; Nancy Hathaway, instructor

This course provides training in Mindfulness-Based Stress Reduction (MBSR) and Social-Emotional skills especially focused on early childhood educators. Students will develop Mindfulness and Social-Emotional skills to integrate into early childhood settings for themselves, as educators, and for their students.

#### PDS 560 - Equity Literacy for Educators

October 2-November 17; Online synchronous (with additional online asynchronous class activities) Zoom meetings Thursdays 4:00-5:30 pm; 3 graduate credits; Mark Tappan, instructor

This course prepares participants in the core dimensions of equity literacy: (1) understanding how equity and inequity operate in schools and society, and (2) developing awareness, knowledge, and skills necessary to identify inequities, eliminate inequities, and actively cultivate equity.

#### PDS 659 - Best Practices in Gifted Education

September 12-December 8; Online asynchronous (plus 1 Zoom meeting 9/12 4:00-6:00 pm) 3 graduate credits; Patti Drapeau, instructor

This course is for individuals responsible for initiating, maintaining and/or extending services for gifted/talented students. Topics for study will include identification procedures, curriculum development and implementation, administration and classroom management, staff development and community involvement and evaluation of student growth and program effectiveness.

For full details and registration form link, visit: <u>https://usm.maine.edu/professional-development-center/fall-2023-courses/</u>

For help registering for a course or for more info, contact the PDC at pdc@maine.edu

#### We hope to see you this fall!



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### Professional Development Center

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